

TOGETHER ON THE ROAD TO MEDITERRANEAN GAMES...



NEWSLETTER

COMOF official newsletter

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Confederation of Mediterranean
Orienteering Federations

www.comofed.org



VIII MEDITERRANEAN CHAMPS IN SPAIN

9 countries participated to the VIII edition of the MCO held in Bullas, Murcia, from 22nd to 24th February 2019. A full report follows.

On the left, a picture from the team victory ceremony:

2. Spain 1. France 3. Portugal

The 17th COMOF Council meeting and the Extraordinary General Assembly held on 22nd February 2019 in Spain, Bullas, together with Mediterranean Championships in Orienteering:

- The new strategic direction and activities plan for the period 2019-2022 were approved to achieve the key goals:
 - Orienteering as demonstration sport in the program of 2021 Mediterranean Games in Algeria, Oran;
 - MCO and other events with increased attraction value well established;
 - Presence and increased credibility on the world sporting stage;
 - Focus on yearly Mediterranean Championships in Orienteering and developing seminars and training camps
- COMOF welcomes LEBANON and ALGERIA as new official members, at the presence of Sarah Hilal, president of Lebanon Orienteering Federation, and Mr. El Hadi Mossab, president of Algeria's Sport for All Federation. We wish a good growth to both!

Next MCO 2020 in France

Save the dates!

The IX edition of the MCO will be held in France on **11-13th April 2020**, in Brive La Gaillarde.



Raul Ferra Murcia (Spain), Kyriakos Demetriou (Cyprus), Jose Fernandez (Portugal), Daniele Guardini (Italy), Jose Angel Nieto Poblete, Vice President (Spain), Zoran Milovanovic, President (Serbia), Hélène Ediar, Vice President (France), Michel Ediar (France), Damir Gobec (Croatia), El Hadi Mossab (Algeria), Diana Malaeb and Sarah Hilal (Lebanon)

COMOF MEMBER COUNTRIES:

SPAIN - ITALY - SERBIA - TURKEY - NORTH MACEDONIA -
CYPRUS - PORTUGAL - FRANCE - EGYPT - CROATIA - LEBANON - ALGERIA

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Sprint distance - 22nd February 2019 - Caravaca de la Cruz

The sprint took place in the Fuentes del Marqués Park, marked by a landscape rich in natural resources, with its abundant arboreal mass and its canals. Formed by typical Mediterranean forest, it's mainly characterized by four water sources that cross the area and form a canalized river. The vegetation around the riverbank makes crossing it difficult and forces competitors to be very focused in choosing the right route. The map is scattered by centenary holm oaks, some of them older than 400 years, as well as pine trees and centenary olive trees. We have combined the route choice together with fast sections which need good concentration and the fast pace typical of a Sprint race.



Class W 20

1	15:54	TOLEDO NAVARRO Ana Isabel	SPAIN
2	16:34	POZO PRADA Inés	SPAIN
3	17:40	LIMA Helena	PORTUGAL
	17:48	THONIER Fanny	FRANCE
	18:03	AUDEFRY Elsa	FRANCE



Class W Elite

1	17:58	RODRIGUES Filipa	PORTUGAL
2	18:57	GUIJO ALONSO Marta	SPAIN
3	19:41	FOLTZER Cécile	FRANCE
	19:56	HABERKORN Chloé	FRANCE
	20:34	SANGUINHO Beatriz	PORTUGAL



Class M 20

1	14:19	CASADO GÓMEZ Álvaro	SPAIN
2	15:17	PANNIER Axel	FRANCE
3	15:29	LIMA Tomás	PORTUGAL
	15:38	MANNOCCI Enrico	ITALY
	16:10	GUILLEMAIN Clément	FRANCE



Class M Elite

1	15:44	PERRIN Arnaud	FRANCE
2	15:45	COUPAT Vincent	FRANCE
3	16:12	LANDA SÁNCHEZ Carlos Raico	SPAIN
	16:20	PRIETO DEL CAMPO Álvaro	SPAIN
	16:25	CURZIO Samuele	ITALY

Long distance - 23rd February 2019 - Cehegin

The Las Minas map presents terrains with a light slope, shaped by hills, seasonal streams and many gullies and ditches that was decisive for route-choice. In the north part, near some abandoned mines, the slope is slighter and demands very careful map reading. Rocks and cliffs was present in seasonal streams and slopes.

It was a fast race speed.



Class W 20

1	62:39	AUDEFRY Elsa	FRANCE
2	73:09	THONIER Fanny	FRANCE
3	77:41	STANOJEVIC Olga	SERBIA
	85:17	TOLEDO NAVARRO Ana Isabel	SPAIN
	85:38	KRZHESKA Eleonora	N. MACEDONIA



Class W Elite

1	78:03	HABERKORN Chloé	FRANCE
2	79:23	FOLTZER Cécile	FRANCE
3	87:09	FELICIANO SANJUÁN Violeta	SPAIN
	88:39	RODRIGUES Filipa	PORTUGAL
	92:59	POZZEBON Irene	ITALY



Class M 20

1	70:52	CASADO GÓMEZ Álvaro	SPAIN
2	73:31	PANNIER Axel	FRANCE
3	80:13	LIMA Tomás	PORTUGAL
	81:57	GUILLEMAIN Clément	FRANCE
	82:57	MENDES Vasco	PORTUGAL



Class M Elite

1	98:03	COUPAT Vincent	FRANCE
2	103:52	PERRIN Amaud	FRANCE
3	104:14	PRIETO DEL CAMPO Álvaro	SPAIN
	111:46	CURZIO Samuele	ITALY
	115:01	NOGUIERA Pedro	PORTUGAL

Middle distance - 24th February 2019 - Cehegin

This stage was a chasing start with extra difficulty added as well as a result of nervousness and a loss of concentration. Those runners who are more than 30 minutes behind the winner left first, according to the classification of the long distance race. Then, start times for the runners will be calculated by the difference in minutes and seconds behind the winner in the long distance race up to a cut-off point of 30 minutes. The rest of the runners will then start with a difference of 1 minute in between each one of them. There will be a spectator control and a corridor close to the Competition centre along which the Elite classes passed.

The Map: La Copa gave two different areas at different height divided by a line of cliffs. It made the courses physically very demanding. The vegetation typically Mediterranean was mostly pine repopulation with a high race speed and good visibility.



Class W 20

1	31:48	POZO PRADA Inés	SPAIN
2	34:32	THONIER Fanny	FRANCE
3	34:52	KRZYESKA Eleonora	N. MACEDONIA
	35:08	AUDEFOY Elsa	FRANCE
	35:13	TOLEDO NAVARRO Ana Isabel	SPAIN



Class W Elite

1	36:54	HABERKORN Chloé	FRANCE
2	38:35	FOLTZER Cécile	FRANCE
3	39:17	RODRIGUES Filipa	PORTUGAL
	43:15	FELICIANO SANJUÁN Filipa	SPAIN
	45:01	POZZEBON Irene	ITALY



Class M 20

1	30:22	CASADO GÓMEZ Álvaro	SPAIN
2	30:42	SANZ ALEJANDRE Juan	SPAIN
3	31:49	GUILLEMAIN Clément	FRANCE
	33:42	PANNIER Axel	FRANCE
	34:05	LIMA Tomás	PORTUGAL



Class M Elite

1	38:31	PRIETO DEL CAMPO Álvaro	SPAIN
2	38:54	PERRIN Arnaud	FRANCE
3	40:51	CURZIO Samuele	ITALY
	42:52	COUPAT Vincent	FRANCE
	42:57	DEBERTOLIS Mattia	ITALY